



**VALUE ADDED & SELF STUDY
COURSES AT ILT B.Ed.
COLLEGE
2022-24**

VALUE ADDED COURSE

Gandhian Philosophy

Course Duration: 30 hours

Week 1: Introduction to Gandhian Philosophy (4 hours)

Week 2: Applications of Gandhian Principles (8 hours)

Week 3: Gandhian Leadership and Lifestyle (6 hours)

Week 4: Contemporary Relevance and Critiques (6 hours)

Upon completing the course, participants should be able to:

- Understand the core principles of Gandhian philosophy.
- Apply non-violent principles in personal and public life.
- Analyse and address contemporary issues through a Gandhian lens.
- Evaluate the relevance and limitations of Gandhian philosophy in today's world.
- Demonstrate leadership qualities inspired by Gandhi.
- Formulate practical strategies for integrating Gandhian principles in their lives and communities.



VALUE ADDED COURSE

Gender Equality

Course Duration: 35 hours (divided into modules)

Module 1: Introduction to Gender Equality (4 hours)

Module 2: Gender Stereotypes and Bias (5 hours)

Module 3: Laws, Policies, and Human Rights (6 hours)

Module 4: Gender-Based Violence and Health (7 hours)

Module 5: Economic Empowerment and Gender Equality (6 hours)

Module 6: Education and Social Change (7 hours)

Module 7: Practical Applications and Case Studies (5 hours)

Conclusion and Certification (1 hour)

Upon completing the course, participants should be able to:

- Promoting awareness of gender stereotypes and biases.
- Encouraging discussions on gender inclusivity and diversity.
- Educating on the importance of equal opportunities for all genders.
- Advocating for gender equity in various spheres of society.



VALUE ADDED COURSE

Digital Platform Tools

Course Duration: 32 hours

Week 1: Introduction to Digital Teaching Tools (4 hours)

Week 2: Utilizing Interactive Whiteboards and Presentation Tools (4 hours)

Week 3: Engaging Students with Multimedia Resources (4 hours)

Week 4: Digital Assessment Tools (4 hours)

Week 5: Introduction to Learning Management Systems (LMS) (4 hours)

Week 6: E-Learning Platforms and Educational Apps (4 hours)

Week 7: Blended Learning Strategies (4 hours)

Week 8: Innovative Teaching Practices with Technology (4 hours)

Upon completing the course, participants should be able to:

- Integrating interactive multimedia for diverse learning styles.
- Utilizing educational apps and software for dynamic teaching methodologies.
- Implementing online collaboration tools to enhance student engagement.
- Leveraging digital assessment techniques for comprehensive student evaluation.

VALUE ADDED COURSE

Action Research

Course Duration: 40 hours

Module 1: Understanding Action Research (4 hours)

Module 2: Identifying Research Opportunities (4 hours)

Module 3: Formulating Research Questions (4 hours)

Module 4: Planning Action Research Projects (8 hours)

Module 5: Engaging Stakeholders (4 hours)

Module 6: Data Analysis and Informed Conclusions (8 hours)

Module 7: Reflection and Adaptation (4 hours)

Module 8: Communication of Research Findings (4 hours)

Module 9: Implementing Change through Research Insights (4 hours)

Upon completing the course, participants should be able to:

- Understand the principles and methodologies of Action Research.
- Application of Active Research concepts in real-life scenarios and academic settings.
- Analysing the impact of Action Research on problem-solving and decision-making processes.



VALUE ADDED COURSE

Interpersonal Relationship

Course Duration: 45 hours

Module 1: Foundations of Interpersonal Relationships (6 hours)

Module 2: Effective Communication Skills (8 hours)

Module 3: Conflict Resolution and Management (8 hours)

Module 4: Emotional Intelligence in Relationships (6 hours)

Module 5: Relationship Dynamics and Boundaries (8 hours)

Module 6: Cultivating Healthy Relationships (9 hours)

Upon completing the course, participants should be able to:

- Understanding effective communication techniques.
- Developing empathy and active listening skills.
- Managing conflicts and resolving differences constructively.
- Cultivating emotional intelligence for healthier relationships.



SELF STUDY COURSE

E-Learning Platforms

Course Duration: 45 hours

Module 1: Foundations of Interpersonal Relationships (6 hours)

Module 2: Effective Communication Skills (8 hours)

Module 3: Conflict Resolution and Management (8 hours)

Module 4: Emotional Intelligence in Relationships (6 hours)

Module 5: Relationship Dynamics and Boundaries (8 hours)

Module 6: Cultivating Healthy Relationships (9 hours)

Upon completing the course, participants should be able to:

- Understanding effective communication techniques.
- Developing empathy and active listening skills.
- Managing conflicts and resolving differences constructively.
- Cultivating emotional intelligence for healthier relationships.



SELF STUDY COURSE

Basic of Cyber Security

Upon completing the course, participants should be able to:

- **Foundational Understanding:** Students will acquire a solid grasp of fundamental concepts in cyber security, including threat landscapes, risk assessment, and security protocols, providing a sturdy base for further exploration.
- **Practical Skills:** The course equips learners with hands-on skills in essential cyber security practices such as encryption methods, network security, and incident response, enabling them to apply theoretical knowledge to real-world scenarios.
- **Risk Mitigation Techniques:** Participants will learn effective strategies to identify, assess, and mitigate cyber threats, emphasizing proactive measures to safeguard systems and data against potential vulnerabilities.



SELF STUDY COURSE

Use of Social Media in Education

Upon completing the course, participants should be able to:

- Understanding the role of social media as an educational tool.
- Exploring strategies to integrate social media platforms into educational settings.
- Examining the impact of social media on student engagement and learning outcomes.
- Addressing ethical considerations and best practices for using social media in education.
- Implementing practical applications and case studies demonstrating effective use of social media for educational purposes.



SELF STUDY COURSE

Google Tools

Upon completing the course, participants should be able to:

- **Navigate and Utilize Google Workspace:** Understand and navigate through various Google applications such as Gmail, Google Drive, Docs, Sheets, Slides, and Forms proficiently.
- **Efficient Communication:** Master effective email communication using Gmail, including composing, organizing, and managing emails, as well as utilizing chat and video call features.
- **Collaborative Document Editing:** Demonstrate competence in creating, editing, and sharing documents, spreadsheets, and presentations using Google Docs, Sheets, and Slides while leveraging collaborative editing features.
- Understanding Google Sheets for data organization and analysis.
- Utilizing Google Slides for effective presentation creation.



Number of students enrolled in the Value – added courses mentioned at 1.2.2 during the last five years								
Year	Total number of Value added courses	Names of the value added course (with 30 or more contact hours) offered during last five years	Course Code	Year of offering	No. of times offered during the same year	Year of discontinuation	Number of students enrolled in the year	Number of Students completing the course in the year
2018	1	Gandhian Philosophy	VA1	2018	1	Continue	48	48
2019	2	Gandhian Philosophy	VA1	2018	1	Continue	0	0
		Course on Computer Concepts	VA2	2019	1	Continue	48	48
2020	4	Gandhian Philosophy	VA1	2018	1	Continue	0	0
		Course on Computer Concepts	VA2	2019	1	Continue	35	35
		Use of ICT for Online Teaching	VA3	2020	1	Continue	55	55
		English Enrichment Programme	VA4	2020	1	Continue	39	39
2021	5	Gandhian Philosophy	VA1	2018	1	Continue	0	0
		Course on Computer Concepts	VA2	2019	1	Continue	30	30
		Use of ICT for Online Teaching	VA3	2020	1	Continue	20	20
		English Enrichment Programme	VA4	2020	1	Continue	0	0
		Finishing School	VA5	2021	1	Continue	60	60
2022	10	Gandhian Philosophy	VA1	2018	1	Continue	0	0
		Course on Computer Concepts	VA2	2019	1	Continue	25	25
		Use of ICT for Online Teaching	VA3	2020	1	Continue	19	19
		English Enrichment Programme	VA4	2020	1	Continue	0	0
		Finishing School	VA5	2021	1	Continue	0	0
		Digital Platform Tools	VA6	2022	1	Continue	7	7
		Gender Equality	VA7	2022	1	Continue	17	17
		Emotional Well Being and Mental Health	VA8	2022	1	Continue	5	5
		Action Research	VA9	2022	1	Continue	28	28
		Interpersonal Relationship	VA10	2022	1	Continue	3	3